So Long, Insecurity Group Experience

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**Synopsis**

Building upon the message of the bestselling book, *So Long, Insecurity*, the *So Long, Insecurity Group Experience* will be an important tool for small groups, Bible studies, and book clubs to use as they dig even deeper into what it means to be truly secure. Designed to bring women together in a community of support, the Group Experience provides an in-depth look at what the Bible has to say about image, society, relationships, and our innate longing for soul-deep security. The *So Long, Insecurity Group Experience* will take readers on a journey deep into God’s Word and encourage them to work through their struggles with insecurity together while growing in knowledge of the only One who can provide lasting security.

**Book Information**

Paperback: 112 pages  
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Average Customer Review: 4.7 out of 5 stars  

**Customer Reviews**

I do not have the actual book. But even though I don’t have it yet I still loved the leader’s guide. This is a ten week guide for a group setting where all the participants would be reading the book during the week and then getting together to discuss the book and share what they have been learning. I love how each week is laid out. Warm Up: This is a way to get things moving. Questions and activities to really get the conversation started. A Word From Beth: This is usually a couple of paragraphs from the Author in which she shares with you what she hopes you are experiencing. Digging In: This part takes sections of the book and had questions paired with it. This will really help you understand what you read and help you process it a little more with your group. In The Light of the Word: This section gives you verses to read as a group. They always go along with
what you have been reading and helps you see what the Word of God has to say about it all. Wrap-up: This is a bit of a sum it all up section. This also has the ending prayer in it. I love how centered this is on the Word of God. It’s wonderful to see something not just full of someone’s opinions but to see it really focus on what the Bible has to say about it all.

Unfortunately the description and reviews make it look like this is the whole book but it’s just the discussion questions. You will need to get the hardback book to go with it. My group just started the book and we love it. Very pertinent to today’s women. Plenty of scripture references.

I am leading a book group with the help of this resource. It is very helpful and helps me keep a lively conversation going within the group.

Beth Moore brings out another topic that women deal with, but keep under their pillow: battles with what really defines a person. Insecurity sources can come in many forms: beauty salons, brand name expensive clothing storms, salon and manicures, and invitations to parties. By calling out the lies that women cling to for reaffirmation, Moore lists ways to set out proper priorities, starting with learning their worth in their loving Creator and Father God. Learning to find their strength and dignity outside of the lies of the world, women find their freedom in Jesus Christ. This book is one that every woman should have in their library, and reread it often. This was a book I reviewed for Tyndale House Publishers.

I love Beth Moore and this study is great but the samething is in the leader guide as in the group workbook. I don't think this is worth the purchase. The big difference is she stars the questions she thinks are important to discuss. I love Beth Moore but this leader book wasn't worth my money.

I love Beth Moore’s Bible Study’s and was thrilled when Tyndale offered me a complimentary copy of the Leader’s Guide to So Long Insecurity to review. It is a fantastic study. But you do need her book that goes along with the workbook to do the study. I found this study a lot different from her other studies but I think it is life changing. I did the study by myself because my Bible study group are doing another study but I hope to use this study with them as our next study. It is a ten week study. She recommends keeping a journal during this time. I think most of us feel insecure at least part of the time but we don't have to. God's Word has the solution and Beth teaches it in a way only Beth can. I loved the prayer on pages 165-174 and was able to pray this with someone recently who
was suffering with insecurities. It is a powerful prayer! I would highly recommend this book for everyone. Can't wait to study it again with my Bible Study group. Thank you Tyndale Publishers for the privilege of doing this great Bible Study.

This is an excellent Bible study to do on your own or with a group of gals. It covers a broad base of topics that cause insecurity in women (and men, too). I highly recommend this easy-to-understand Bible study.

So Long Insecurity Group Experience by Beth Moore. I wish to say that Tyndale House Publishers has provided me with a complimentary copy of this book in 2011. This is a great resource companion book to go along with the book. I highly recommend it as it helps to look up scriptures and have a group discussion on our Insecurities. This book will help encourage woman as they work through their own struggles with insecurity and learn to grow in the knowledge of God's word and his solutions for permanent change. I would recommend this book to all small groups, bible study groups, in a home study course and through any ministry related to Christ and Learning to overcome Insecurity. I think it is wonderful to have scriptures to help cure our insecurities. For example, in Philippians 4:6-9 it states, "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me--practice these things, and the God of peace will be with you." NIV BIBLE

Beth Moore is an author and Bible teacher of best-selling Bible studies and books for women. She is the founder of Living Proof Ministries and speaker at Living Proof Live women's events across the US. Beth's mission is to guide women everywhere into a richer, more fulfilling relationship with the Jesus.

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